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The Patient's Medical Journal: Record Your Personal Medical History, Your Family Medical History, Your Medical Visits & Treatment Plans



Synopsis

An easy way to keep track of your medical records for years to come. The Patient's Medical Journal is a medical diary for patients and their families. It is designed to help patients remember and organize medical information about their and their family's past and present health. The information, once recorded, will come in handy when filling out medical forms for doctors and hospitals. The book is divided into sections to record all pertinent information, such as: A personal medical directory for information about health providers and insurance companies Past surgeries Major illnesses Allergies Vaccinations Current medications Lab tests And family medical history Once you've recorded your past, there's a new section where you can record information for your upcoming medical visits, the purposes for the visits, and the treatment plan you've outlined with your health-care professional. In no time at all, you can compile a compact diary of your medical history for convenient use in the future.

Book Information

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Customer Reviews

I love this book because it got me finally to sit down and record everything I've done medically, from booster shots to mammograms, with dates. My husband looked at my entries and thanked me, and said he'd like a copy of the journal for himself. I put it to the real test yesterday when I came home from a visit with an orthopedic surgeon. His counsel to me was, "Call me when you're in pain. For now, don't worry." Those words went in, and I closed the cover. If there's any quibble, it's that there's no place to record your blood type (though there are plenty of places to note it). I look

forward to using this journal again and again.

Health is important and, in today's specialized world, getting proper care can be difficult. The "Patient's Medical Journal" helps you manage the process because you can write important medical information down and have it in one place to tell your doctor what he or she needs to know. Well organized, with places to list family medical history, present and past doctors, surgeries, medications, allergies, traditional and non-traditional medical appointments as well as insurance & legal info, it's small enough to take with you to an appointment. Whether for a child, aging parent, or you, the "Patient's Medical Journal" is an important tool to help manage health.

it is great keep everything together with it

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